

योजना तथा वास्तुकला विद्यालय, विजयवाड़ा
School of Planning and Architecture, Vijayawada
An Institute of National Importance, MHRD, Govt. of INDIA. #

Dear Students,

As you all are aware that the COVID -19 pandemic is impacting our lives especially mental health, psychosocial concerns and well-being of humans. To encounter the current COVID-19 outbreak, please take all necessary precautions, and a very good care of yourself and your families at home.


In pursuance to the instructions of the MHRD (YUKTI), the following Mental Health Well-being Committee (MHWBC) is constituted to take care of students' mental health, psychosocial concerns and well-being. The committee also looks after the preventive mechanisms and practical tips to overcome outbreak of Covid-19 at SPAV. Following are the members of MHWBC for your sharing your concerns regarding the aforesaid issues.

S.No.	Name	Designation	Contact Details
1.	Prof. Dr. Kailash Rao Dean Student Affairs	Chairperson	+91-9986515478 kailashrao@spav.ac.in
2.	Dr. Y Srinivasa Rao, Chief Warden, Hostels	Member Secretary	+91-9502593300 chief.warden@spav.ac.in
3.	Dr. Prashanti Rao, Girls Hostel Warden,	Member	+91-9926704045 prashanti_swe@spav.ac.in
4.	Ms. Naina Gupta, Girls Hostel Warden,	Member	+91-8470974525 naina@spav.ac.in
5.	Dr. P. Siva Prasad, Warden, Boys Hostel	Member	+91-9494399460 siva@spav.ac.in
6.	Shri Ch. Karthik, Warden, Boys Hostel	Member	+91-9642970797 karthik.ch@spav.ac.in
7.	Dr. Mujibur Rehaman Shaik, Authorised Medical Attendant	Member	
8.	Dr. Sree Kalyani Anantha Authorised Medical Attendant	Member	

We really admire the strength and positive attitude shown by our SPAV students' community in these hours of crisis. In spite of all difficulties, it was a pleasure to see everyone coming forward for the internal assessment through various digital platforms. Now as all of you are staying safe at your home in the wake of lockdown, your routine activities are totally changed, this is a new normal of life. You must bear this in the mind that **"this too shall pass"** and you must strive to be compatible and mentally strong.

We know that it will take some time to make adjustments to the new routine and academic timetables. If there is any mental stress / queries / fears, which are disturbing / distracting you, feel free to contact any member, mentioned in the above list. As part of creating awareness, we are annexing a few videos sent by the Ministry of Health, Government of India related to the mental health issues and suggestions. We wish you all a very good health and safe living.


Chief Warden SPAV
Member Secretary, MHWBC


Dean Student Affairs
Chairperson, MHWBC